



The North Dakota Center for Persons with Disabilities sponsored a health conference for people with

disabilities – the Power Up Health Conference. The keynote speaker was Collin Clarke, a 22-year old body builder who happens to have disabilities. The conference was a great opportunity for people with disabilities, their family members and professionals to learn about services related to health, fitness and nutrition. The hands-on approach to different activities and healthy eating choices was especially effective. The conference gained attention on the local news (www.nd.gov/dhs/info/news/2017/9-19-bodybuilder-wants-to-build-up-health-of-others-with-disabilities-at-sept-22-conference-in-bismarck.pdf). The conference was supported by funds from the ND State Developmental Disabilities Council and NDCPD.

Since the conference was an overwhelming success, Kim Mathwich, NDCPD Conference Coordinator, hopes this becomes an annual event NDCPD can continue coordinating.



For more information, can contact Ms. Mathwich at 800-233-1737.