ASTEP is a three-year inclusive postsecondary education (PSE) program for young adults ages 18 to 26 with intellectual and/or developmental disabilities (I/DD).

Enrolled students live on campus or in the community, are enrolled in regular college courses with students with and without disabilities, complete employment internships, learn independent living skills, and engage in campus and community life; while earning a meaningful career focused certificate. A variety of supports are available in campus, employment, community, and social settings.

ASTEP uses a person-centered planning process that incorporates the individual’s personal goals, career plans, and dreams into an inclusive education plan to help students learn employment and self-advocacy skills while gaining independence.

Adult-Life Domains used in the person-centered planning process.