

## **Available Resources in the Minot Area**

### **Emergency Shelter in Minot**

**Minot Area Homeless Coalition** – Temporary emergency shelter upon availability usually 2 to 3 night stay. (701) 852-6300

**YWCA Women’s Shelter** (701) 838-1812 – For women and children (boys under 11)

**Men’s Winter Refuge** (701) 822-2585 –Temporary shelter for men during winter months. Must meet entry requirements. Office# (701) 837-0218  
(Stay is from 7pm to 8am daily). (Nov 1–March 31)

### **Domestic Violence Crisis Center**

Can provide temporary shelter, transitional housing, assistance with protection orders, and other supportive services as needed for those involved in a domestic violence situation. Contact (701) 852-2258

### **Minot Housing Authority**

Provides housing assistance to low income residents through the management of programs such as Low Rent Public Housing and the Housing Choice Voucher program- Section 8. These programs are income based and the eligibility guidelines are set by HUD. There may be waiting lists for rentals or vouchers and at times the lists may close to new applicants based on the size of and length of wait on the lists. If you are in need of housing assistance in the area please contact the Housing Authority directly to obtain more information about eligibility requirements, availability of rentals or vouchers, the status of any waiting lists and their application procedures. Phone# (701) 852-0485

### **Rental/Deposit Assistance**

**Ward County Social Services** - general assistance program. You must apply in person. (701) 852-3552

**Salvation Army** – Assistance for eviction only. You must apply on Tuesday’s or Thursday’s in person. (701) 838-8925

**Community Action** – You must meet specific criteria. (701) 839-7221

**Minot Area Homeless Coalition** – You must apply in person and is to prevent homelessness and secure permanent housing. (701) 852-6300

### **Utility Assistance**

**Ward County Social Services** – (701) 852-3552

**Salvation Army** – must have a shut off notice. (Does not do water) (701) 838-8925

**Community Action** – Non-heat electric bills only, must have shut-off notice and be on fuel assistance. (701) 839-7221

**Minot Area Homeless Coalition** – (701) 852-6300

### **Transportation Assistance**

**North Dakota Association for the Disabled** (701) 838-8414 – for travel of people with disabilities to and from appointments.

**Salvation Army** – emergency medical appointments only. (701) 838-8925

**Community Action** – One time assistance for job seeking and to travel to and from work, must meet income eligibility, if seeking employment, resume must be active on Job Service website. (701) 839-7221

**Minot Area Homeless Coalition** – in order to prevent homelessness or get to and from work. (701) 852-6300

### **Transportation**

**Souris Basin Transportation** (701) 852-8008

**City Bus** (701) 857-4140

**Central Cab Company** (701) 852-8000

**Taxi 9000** (701) 852-9000

**Amtrak** - 400 1<sup>st</sup> Ave SW (Station Building with waiting area in Minot)

**Minot Bus Depot** (701) 852-2477- The depot is open daily, including weekends and holidays from 6:00am to 6:45am and 4:30pm to 6:15pm

**North Dakota Assoc. for Disabled (NDAD)** (701) 838-8414 (for travel of people with disabilities to and from appointments)

If on Medicaid, you can contact your Ward County Social Services Worker for Taxi vouchers to and from medical appointments.

### **Medication Assistance**

**NDAD** – (701) 838-7345

**Salvation Army** – (701) 838-8925

**Community Action** -One time assistance for prescription medications and/or diabetes supplies. Must meet income eligibility & have no medical coverage or prescription coverage. Must provide a current written prescription. Narcotics are not eligible. (701) 839-7221

**Minot Area Homeless Coalition** –life saving medications such as heart, blood pressure, diabetes, etc. (701) 852-6300

### **Shower Assistance**

**Community Action** - Shower vouchers. Applicants must be income eligible, homeless and seeking employment or employed. If seeking employment, resume must be active on Job Service website. (701) 839-7221

### **Identification**

**Minot Area Homeless Coalition** – assistance in obtaining necessary identification such as Photo ID or birth certificate. (701) 852-6300

### **Food Pantries**

**Our Lady of Grace** (located at 707 16<sup>th</sup> Ave SW) Phone# (701) 839-5520  
(Open from 1 to 4pm on M, T, Th, F)

**Salvation Army** (located at 315 Western Ave) Phone# (701) 838-8925  
(Open 10am to noon & 1 to 3pm M-F)

**The Lord's Cupboard** (Located at 1525 West Burdick Expressway) Phone# (701) 822-2263 (Open Monday: 10 to 1pm, Wednesday: 1pm to 4pm, Friday 2pm to 5pm)

### **Emergency Food Pantry Assistance**

**Salvation Army** – (Located at 315 Western Ave) Phone# (701) 883-8925

**Community Action** – (Located at 2020 8<sup>th</sup> Ave SE) Phone# (701) 839-7221

**Minot Area Homeless Coalition** – (located at 105 1<sup>st</sup> St. SE) Phone# (701) 852-6300

### **Free Clinic**

City and Country Clinic – (located at First Lutheran Church, 120 5<sup>th</sup> Ave. NW)  
Call (701) 833-1951 to find out days of operation.

### **Northland Community Health Center**

A federally funded health center serving anyone in need of a medical home regardless of their insurance status or ability to pay. Located in the Arrowhead shopping center.  
(701) 852-4600

Also provides dental service at 315 S. Main St, 3<sup>rd</sup> floor in room 314. (701) 838-3051

### **County Social Service Offices**

To obtain food stamps, TANF, Medicaid and Child Care Assistance

**Burke County-** (701) 377-2313

**Bottineau County-** (701) 228-3613

**McHenry County-** (701) 537-5944

**Mountrail County-** (701) 628-2824

**Renville County-** (701) 756-6374

**Pierce County-** (701) 776-5818

**Ward County-** (701) 852-3552

### **Independence Inc.**

Can assist with helping individuals with Social Security Disability paperwork, finding accessible housing and independent living skills. (701) 839-4724

### **Community Options Inc.**

Community Options, Inc. provides residential, day, in-home, and family support services. Located at 300 3<sup>rd</sup> Avenue SW Minot and contact number is (701) 852-0174

### **North Central Human Service Center**

Provides and promotes efficient and effective services to benefit children, adults, the elderly; and families experiencing emotional problems, mental illness, family relationship concerns, addiction and disability issues to help people maintain or enhance their quality of life. Transition to Independence Program that successfully transitions young individuals to independence. (701) 857-8500

### **Rehab Services**

Provides progressive options for youth and for people with disabilities focusing on employment, housing, and economic development. Some programs are Social Security Benefits Project, Recovery House, Brooklyn Flats, Community Service, etc. Contact number (701) 839-4240.

### **ND Job Services**

Provides a listing of available employment opportunities and veteran services employment as well as applying for unemployment benefits (701) 857-7500

### **SSVF Program run through Community Action**

Supportive Services for Veterans Families helps homeless & at-risk veterans secure safe, stable housing and supportive services. (701) 839-7221

### **Legal Services**

A non-profit organization which provides legal assistance for a variety of matters to low income and elderly North Dakotans under 60 Call toll free 1-800-634-5263. Age 60+ call toll free 1-866-621-9886

### **HUD-VASH HCHV Outreach Social Worker Minot Region**

Worker can help veterans with a housing voucher considering availability and case management. Contact case manager at (701) 852-0177.

### **American Red Cross**

Provides assistance to those hit by a disaster (flood, tornado, fire, etc.). Contact (701) 852-2828

### **Emergency Shelters in North Dakota**

**Abused Adult Resource Center-Pam's House** (701) 222-8370 (W/C)

**Ruth Meier's Hospitality House** (701) 222-2108  
1800 E. Broadway Ave. Bismarck, ND 58501 (M/W/C)

**Welcome House** (701) 751-1218  
2910 E. Broadway Ave. Bismarck, ND, 58501 (M/W/C)

**Northlands Rescue Mission** (701) 772-6600  
420 Division Ave. Grand Forks, ND 58201 (M/W/C)

**Gladys Ray Shelter** (701) 364-0116  
1519 1<sup>st</sup> Ave S. Fargo, ND 58103 (M/W/V/A withdrawals)

**YWCA** Cass/Clay (701) 232-2547  
3100 12<sup>th</sup> Ave N. Fargo, ND 58102 (W/C)

**New Life Center** (701) 235-4453  
1902 3<sup>rd</sup> Ave N. Fargo, ND 58107 (M/W/C)

**Churches United for the Homeless** (218) 236-0372  
1901 1<sup>st</sup> Ave N. Moorhead, MN (M/W/CO)

**Dorothy Day House** men only (218) 233-5763  
714 8<sup>th</sup> St S. Moorhead, MN

**Dickinson Churches United for the Homeless** (701) 227-1464  
(Temporary shelter during winter months only)

- M=Men W=Women C=Children V=Veterans A=Addiction withdrawals

### **Community Travel Assistance**

A program that seeks to assist travelers in the Minot area who have experienced financial difficulties and require assistance. The program is administered by the Minot Police Department, (701) 852-0111.

### **Kalix**

Provides individualized residential and vocational services to people with disabilities. Contact number is (701) 852-1014.

### **REM**

REM supports include a range of residential services and day programs designed around the needs and preferences of each person we serve. We match each individual's strengths with programs we provide, as well as those available in the community. Contact number is (701) 839-6630.

### **VET Center**

Provides a broad range of counselling, outreach and referral services to combat veterans and family members to assist and overcome the readjustment problems associated with war and personal trauma. Contact number (701) 852-0177

### **Money Follows the Person**

Helps with finding decent, safe, affordable and accessible housing for persons that are MFP qualified and wish to transition out of institutions or nursing facilities and back in to the community in the least restrictive setting possible.

Phone # (701) 858-3405 or toll free 1-800-233-1737 ext. 3405

### **USDA Rural Development**

Has financed apartment complexes that provide housing and rental assistance for low income applicants. The website to locate a project and manager's contact information is [http://rdmfhrentals.sc.egov.usda.gov/RDMFHRentals/select\\_state.jsp](http://rdmfhrentals.sc.egov.usda.gov/RDMFHRentals/select_state.jsp) . Select state and then county to find projects. You may also call 701-530-2037 or e-mail [info@nd.usda.gov](mailto:info@nd.usda.gov) for more information."

### **Command Labor**

Provides temporary jobs for people on a daily basis, as well as paychecks that day. Phone# (701) 839-9675

### **Utah Construction Personnel**

Provides temporary staffing for people on a daily basis, as well as paychecks that day.  
Phone# (701) 838-0830

### **Harmony Center**

Psychosocial recovery program for adults diagnosed with a mental illness. Also has a Peer Support Group to help focus on recovery. (701) 852-3263

### **Drug and Alcohol Addiction: Private Providers in Minot**

Cornerstone Addiction Services	(701) 839-0474
Goodman Addiction Services	(701) 852-3869
Bob Hayes Addiction Services	(701) 838-1422

### **Dakota Hope Clinic**

Provides free pregnancy tests, limited ultrasounds, and parenting education to earn baby items, pregnancy options, STD information, Abortion Recovery Referral and Resources & Referrals. Phone# (701) 852-4673 located at 315 S. Main St. Suite 205

### **Experience Works**

Experience Works assists adults 55 and older who are unemployed and meet income guidelines. The goal is to help eliminate barriers to finding employment. Therefore the services they provide participants are: training to upgrade skills or learn new skills; job search assistance and training; part time on-the-job training; and other supportive services identified that may be hindering their job search.

For more information, call 1-877-314-7627. There are four offices in the state: Minot office 701-838-9675; Bismarck 701-258-8879; Dickinson 701-483-1333; and Fargo 701-232-2489.

### **North Dakota Navigator Project**

The health insurance marketplace is a way to find health coverage that fits your budget and meets your needs. With one application, you can see all your options and enroll. You can apply for private insurance, Medicaid, or the Children's Health Insurance Program (CHIP). 1-800-318-2596

### **Aging & Disability Resource Link**

The Aging and Disability Resource-LINK connects older adults and people with disabilities to care options that can help them live as independently as possible and maintain their quality of life. 1-855-462-5465

### **Family to Family Network**

Provides one-on-one emotional and informational support for parents raising a child with a disability or chronic illness. The program is free and confidential. 888-434-7436

## **Minot Property Management Companies**

A & M Properties	701-833-7451	
Anchor Realty	701-852-4626	<a href="http://www.anchorminot.com">www.anchorminot.com</a>
B&B Properties	701-833-6509	
1 <sup>st</sup> Minot Management	701-839-7505	<a href="http://www.apts.minot.com">www.apts.minot.com</a>
Buldawg Apartments	701-852-0760	
CPI, LLP	701-721-5070	
Cambridge Development LLC	701-720-4567	
Creative Property Mgt.	701-852-5028	<a href="http://www.creativeminot.com">www.creativeminot.com</a>
DLSL Properties, LLP	701-240-0798	
Dave Hanson Rentals	701-770-3910	
Glacial Holdings, Inc.	701-852-9743	<a href="http://www.ghpmnd.com">www.ghpmnd.com</a>
IMM	701-852-3648	<a href="http://www.immapartments.com">www.immapartments.com</a>
IPM, Inc.	701-852-1157	<a href="http://www.minotrentals.com">www.minotrentals.com</a>
IRET Properties	701-837-7368	<a href="http://www.iretApartments.com">www.iretApartments.com</a>
Leier Properties, LLC	701-839-4329	
Lonesome Dove Properties	701-280-9702	
M&J Rentals	701-833-5195	
MAGCO, LLC	701-837-0170	
MLP Properties	701-833-8430	
More Properties	701-852-7535	<a href="http://www.morepropertiesminot.com">www.morepropertiesminot.com</a>
Northgate Apartments	701-852-6770	
Northridge Property Mgt.	701-822-2412	<a href="http://www.northridgepm.com">www.northridgepm.com</a>
Perkins Properties	701-509-1929	
Prairie Rose Apartments	701-833-3993	
Prairieview Properties	701-267-3623	
Rau Rentals	701-721-9622	
SMC	701-839-4200	<a href="http://www.smc-minot.com">www.smc-minot.com</a>
Sanders Properties	701-833-2568	
Souris Valley Apartments	701-720-2052	
Stonebridge Farms Apts.	701-356-7867	
TVP Properties, LLC	701-838-6899	
Watne Realtors	701-852-1156	<a href="http://www.minothomes.com">www.minothomes.com</a>
Watts Property Management	701-833-3689	
Way Properties, LLC	701-721-0119	
Zimmer Rentals	701-838-313	

**MINOT COMMUNITY**  
**LUNCHEON/DINNER LISTING**

MONDAY – 11:00 TO 12:30  
**FAITH UNITED METHODIST CHURCH**  
(Congregational United Church-430 N Broadway)  
(701) 839-1064

TUESDAY – 11:00 TO 12:30  
**CHRIST LUTHERAN CHURCH**  
Katie's Kitchen  
502 17<sup>th</sup> St. NW (701) 838-9561

WEDNESDAY – 11:30 TO 12:30  
**IMMANUEL BAPTIST CHURCH**  
1615 2<sup>nd</sup> Street SE  
(701) 839-3694

THURSDAY – 11:30 TO 12:30  
**ALL SAINTS EPISCOPAL CHURCH**  
301 South Main Street  
(701) 839-1037

FRIDAY – 11:30 TO 12:30  
**FIRST LUTHERAN CHURCH**  
120 5th Avenue NW  
(701) 852-4853

SATURDAY – 09:30 TO 10:30  
**CONGREGATIONAL UNITED CHURCH OF CHRIST**  
430 North Broadway  
(701) 839-1064

SUNDAY – 11:00 TO 1:00  
**SEVENTH DAY ADVENTIST CHURCH**  
10 17<sup>th</sup> Avenue SW  
(701) 839-6478

**EVENING MEALS**  
**CORNERSTONE PRESBYTERIAN CHURCH**  
1000 3<sup>rd</sup> St NE  
Every Wednesday Night (5:00pm- 6:30pm)  
(701) 852-0315

**St. Leo's Catholic Church**  
**St. Vincent DePaul Society**  
218 1<sup>st</sup> St SE  
Every Monday Night (5:30pm- 6:30pm)



