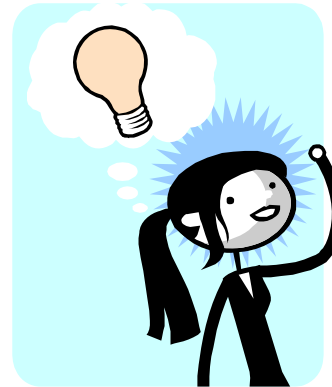


## FIND OUT YOUR STRENGTHS

### THINK ABOUT YOUR STRENGTHS

1. WHAT DO I LIKE TO DO?
2. WHAT AM I GOOD AT?
3. WHY DO PEOPLE LIKE ME?
4. HOW DO I LEARN BEST?
5. WHY AM I A GOOD PARENT?



### DISCOVER YOUR STRENGTHS

1. ASK YOUR FAMILY OR FRIENDS
2. ASK YOUR BOSS OR CO-WORKERS
3. ASK YOUR CHILD
4. LOOK AT YOUR HOUSE
5. LOOK AT YOUR FAMILY
6. LOOK AT YOUR LIFE



### CHOOSE A STRENGTH

1. \_\_\_\_\_ FEED & CHANGE A BABY
2. \_\_\_\_\_ COOK A NICE MEAL
3. \_\_\_\_\_ GET & KEEP A JOB
4. \_\_\_\_\_ PAY THE BILLS
5. \_\_\_\_\_ HAVE A BEAUTIFUL SMILE
6. \_\_\_\_\_ TAKE CARE OF OUR PETS
7. \_\_\_\_\_ TALK TO MY CHILD
8. \_\_\_\_\_ PLAY WITH MY CHILD
9. \_\_\_\_\_ FILL THE CAR WITH GAS
10. \_\_\_\_\_ SHOP FOR GROCERIES

