

Name (please print): _____

Date: _____

This practicum measures how you apply the knowledge and skills you learned from module 3: Legal Issues to the supports you provide.

Instructions:

- Complete Step I: Describe A Person You Support
- Complete Step II: Complete **at least two** of the following work sample options, choosing from A, B, C, or D.
- **Use as much room as you need to explain each answer fully. You may attach or use additional pages if needed.** The amount of space in this document is not an indication of the length of your answer. However, the quality of the content is more important than the length. **Please type your answers if possible.**

Creating opportunities for people with disabilities to lead self-directed lives is the essence of community-based services. Use the following questions and scenarios in the work samples to describe how you build self-esteem and assertiveness and support the person to make informed decisions. The questions are designed to help you describe a specific challenge, issue, or goal related to self-determination for one of the people that you support, describe the plan you developed to address it, and identify the steps you took and the outcome of these actions.

Your work will be evaluated on the following scale:

1. Practice-BASIC mastery of knowledge and skills
2. Proficient-INTERMEDIATE mastery
3. Advanced-FULL mastery

For North Dakota DD certification, this practicum must be evaluated at “Practice” level or better. If the evaluation of your work sample indicates that more information is needed, the practicum will be returned to you with comments on how you can improve your work sample before you resubmit it.

Note: If you plan to submit this practicum for NADSP credentialing, a “Proficient” level of mastery is required on at least three of four work samples. You will also be required to complete a Reflective Statement for NADSP submissions. NADSP credentialing is optional.

Step II: Complete at least two of the following skill standard work sample options, choosing from A, B, C, or D.

Work Sample A:

Skill Standard: Assists and supports the participant to develop strategies, make informed choices, follow through on responsibilities, and take risks.

1. Describe a specific challenge, issue, activity, or goal the person you support has in **at least one** of these areas:
 - making informed choices
 - following through on responsibilities
 - taking risks

2. How has the challenge limited the person's ability to live a self-determined life, his or her opportunities, and/or satisfaction with their life?

3. Describe strategies that were implemented to help the person overcome those challenges.

4. How does the goal have the potential to improve the person's quality of life and ability to be self-determined?

5. Describe specifically what **you** did to help the individual reach their goal. As it applies, include any participation you had in developing strategies, how you help the person make informed choices, how you help the person weigh risks in their decision making, and how you help the person follow through with their responsibilities. (If others were involved, try to focus on what you personally did.)

6. What was the outcome of the supports you provided?

Work Sample C:

Skill Standard: Provides opportunities for the participant to be a self-advocate by increasing awareness of self-advocacy methods and techniques, encouraging and assisting the participant to speak on his or her own behalf, and providing information on peer support and self-advocacy groups.

1. Describe a specific situation in which you assisted the person you support to speak on his or her own behalf. (Specify any challenges this person has related to speaking on his or own behalf.)

What was the outcome of your supports?

2. Describe a specific situation in which you assisted the person you support to increase their awareness of self-advocacy methods and techniques.

What was the outcome of your supports?

3. Describe a specific situation in which you assisted the person you support to become involved in peer support or self-advocacy groups.

What was the outcome of your supports?

