

Practicum 40: Person Centered Planning

Name (please print): _____

Date: _____

This practicum measures how you apply the knowledge and skills you learned from module 40: Person Centered Planning to the supports you provide.

Instructions:

- Complete Part I: Person Centered Planning Meeting
- Complete Part II:
 - Complete Work Sample A
 - Complete **at least two** additional work sample options, choosing from B, C, D, E, or F.
- **Use as much room as you need to explain each answer fully. You may attach or use additional pages if needed.** The amount of space in this document is not an indication of the length of your answer. However, the quality of the content is more important than the length. **Please type your answers if possible.**

This practicum assesses how you and other team members use person centered approaches in daily interactions and ongoing supports in the development and implementation of Person Centered Service Plans (PCSP). This practicum includes all of processes and activities which occur related to developing, implementing, and monitoring PCSPs. The support you describe in your explanation must be best practice approaches based on what you learned in the *Person Centered Planning* training module and other training related to this topic and consistent with the NADSP code of ethics.

Your work will be evaluated on the following scale:

1. Practice-BASIC mastery of knowledge and skills
2. Proficient-INTERMEDIATE mastery
3. Advanced-FULL mastery

For North Dakota DD certification, this practicum must be evaluated at “Practice” level or better. If the evaluation of your work sample indicates that more information is needed, the practicum will be returned to you with comments on how you can improve your work sample before you resubmit it.

Note: If you plan to submit this practicum for NADSP credentialing, a “Proficient” level of mastery is required on at least three of four work samples. You will also be required to complete a Reflective Statement for NADSP submissions. NADSP credentialing is optional.

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Part I: Person Centered Planning Meeting

Direct Support Professionals and other professionals should take part in the person-centered planning process. This practicum requires verification that you have participated to the extent that your job requires. Have the meeting facilitator sign and date the section below, verifying that you participated in a person-centered planning meeting.

_____ assisted in the development of a person-centered plan for
(staff name)

_____ which was completed on _____.
(name of person supported) (Date)

QDDP/Program Coordinator Signature

(Date)

Part II

Work Sample A: Shared Values (required of all staff)

The values and beliefs of team members shape our expectations for the person, along with our actions and decisions. Think about the people you support and give examples of goals or activities that would help people attain lives based on **at least four (4) of the values listed below**.

Give a specific example of a person you support and an activity or goal that would demonstrate the specific shared value. You don't need to use the same person for all four examples.

Shared Value (Complete at least 4)	Name or initials of the person <u>and</u> example
Develop a wider-base of relationships	
Adapt or cope with more complex situations	
Achieve outcomes important to the person	
Exercise rights and responsibilities	
Move from powerlessness to more control	
Move from dependence to independence	
Learning is life long	
Everyone can contribute	
Everyone is unique	
Life has many seasons	
Everyone likes choice	

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Work Sample C: Challenges coworkers and supervisors to use person-centered practices.

Is this the same person described in an earlier work sample?

(If Yes, indicate that and skip to 2.)

1. Describe a person you support. Include their gender, age, communication method, mobility, level of support, types of support provided by the agency and others in their life, and other important information about the person.
2. Describe a challenging situation that prompted the need for you to take action to support either a co-worker or supervisor to use person centered practices with this specific individual.
3. Describe the specific action that you took to assist in the situation above.
4. What impact did your action have on how supports were provided for the person? What outcomes did the person achieve as a result of your support?
5. What impact did your action have on the coworker or supervisor whom you supported?

Work Sample D: Person Centered Planning Techniques

Step I: Describe A Person You Support:

Is this the same person described in an earlier work sample?
 (If Yes, indicate that and skip to Step II)

Describe a person you support. Include their gender, age, communication method, mobility, level of support, types of support provided by the agency and others in their life, and other important information about the person.

Step II: How do you support the person through the PCSP process?

	Before Meeting	During Meeting	After Meeting/Implementing PCSP
What activities have you been involved in at each stage of the PCSP development process?			
What supports did you provide for the person in each of those activities?			

SAMPLE:

	Before Meeting	During Meeting	After Meeting/Implementing PCSP
What activities have you been involved in at each stage of the PCSP development process?	I assisted Sally with an interest assessment.	I shared how the person did really well with meeting her weight loss goal.	A goal was added to get a job working with animals.
What supports did you provide for the person in each of those activities?	I asked them a few questions at a time, read the questions out loud, explained what activities were.	I helped her show “before and after” pictures of her weight loss.	I assisted her to look into volunteer activities with animals in town for experience.

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Work Sample E: Assists individuals in developing person-centered plans

Is this the same person described in an earlier work sample?

(If Yes, indicate that and skip to Step II)

1. Describe a person you support. Include their gender, age, communication method, mobility, level of support, types of support provided by the agency and others in their life, and other important information about the person.

2. Describe specific ways that you helped one person you support to be actively involved in the development of his/her PCSP.

3. Describe how you and the rest of the team use problem solving and decision making effectively to support the person.

4. What specific techniques did you use to support this person to participate actively in each of these aspects of the plan development?
 - Self-assessment or other assessments

 - Making arrangements for the meeting, including: scheduling, sending invitations, etc.

 - Sharing information at the meeting

 - Solving problems and making decisions at the meeting

 - Selecting goals and writing objectives

Work Sample F: Advocating for modifications to the PCSP to be Person Centered

Is this the same person described in an earlier work sample?

(If Yes, indicate that and skip to Step II)

1. Describe a person you support. Include their gender, age, communication method, mobility, level of support, types of support provided by the agency and others in their life, and other important information about the person.

2. Describe a situation where you saw the need for a change in the PCSP or how a support was being provided. What change did you see necessary?

3. Describe how you advocated for this change. When, how, and to whom did you make recommendations?

4. What was the outcome in this situation? Was your suggestion implemented? How did the change or lack thereof affect the person supported?

5. Since data collection is a key component in determining the effectiveness of PCSPs, describe how you record progress on the implementation of the PCSP.