SENIOR CITIZEN SERVICES
Belcourt Senior Meals .................................. 701-477-6609
Birchwood Apartments (St. John) ................. 701-477-5715
ND Aging & Disability Link .......................... 855-462-5465
Retirement Home (Belcourt) .......................... 701-477-5366
Senior Citizens Center (Dunseith) ................... 701-244-5483
Senior Meals (Rolla, St. John) ......................... 701-477-6421

SOCIAL SERVICES
Lake Region Human Service Center ............... 701-665-2200
Rotelette County ........................................ 701-477-3141
Tribe/Social Services .................................... 701-477-6147

SUICIDE HOTLINE
National Suicide Prevention Lifeline .......... 800-273-TALK (8255)
Turtle Mountain Outreach Centers ............... 701-244-0199
Youth Suicide Early Intervention & Prevention .. 701-244-0208

TRANSPORTATION
ND Transit Information Line ......................... 800-920-9595
North Dakota Association for the Disabled ...... 800-532-6323
Turtle Mountain Transit System ...................... 701-477-0407

VETERANS RESOURCES
AMVETS .................................................. 701-451-4642
HUD-VASH (Housing Vouchers for Veterans) ...... 701-200-5824
North Dakota Military Outreach ...................... 701-340-2779
North Dakota Veterans Administration ............. 701-451-4644
Support Services for Veteran Families .............. 701-662-6500
Veterans Crisis Line ................................... 800-273-8255 Opt. 1

YOUTH SERVICES
Boys Town ................................................. 800-448-3000
Little Shell Home for Youth ......................... 701-477-8610
National Runaway Safeline ......................... 800-786-2929

ADDITIONAL SERVICES
North Dakota Tobacco Quit Line ................... 800-388-7848
ND Navigator (Insurance) ............................. 800-233-1737
Tobacco Prevention .................................... 701-477-7929
The Village Family Service Center (Financial) ..... 800-450-4019
Victims of Crime Abuse ............................... 701-477-5614

For additional copies of this pocket resource guide, contact MF Housing at 800-233-1737.
Developed March 2017

WHERE TO GO FOR HELP
This is not a complete list of services. For more information, call 2-1-1 or visit www.myfirstlink.org

TURTLE MOUNTAIN RESOURCES

ALCOHOL/SUBSTANCE ABUSE TREATMENT & SUPPORT
Alcohol Anonymous ................................. 888-680-0651
5th Generation .......................................... 701-477-3121
Heartview Foundation ................................. 800-337-3160
Lake Region Human Service Center ............. 701-665-2200
Narcotics Anonymous ............................... 800-494-8381
ND Dept. of Human Services ....................... 701-328-2310
TMCC Substance Abuse Program .................. 701-477-7917
ABUSE
- Child Abuse Hotline: 800-422-4453
- Hearts of Hope Shelter: 701-477-0002
- Little Shell Youth Center: 701-477-8612
- Prevent Child Sexual Abuse: 800-403-9932
- Rolla Crisis Unit: 701-477-8352
- Tribal Child Welfare & Family Services: 701-477-5688

ADVOCACY
- ND Center for Persons with Disabilities: 800-233-1737
- Protection & Advocacy: 800-472-2670
- Vulnerable Adult Services: 855-462-5465

DISABILITY SERVICES
- Developmental Disability Services: 800-607-8610
- Independence Inc: 800-377-5114
- Kalix: 701-477-9518
- ND Center for Persons with Disabilities: 800-233-1737
- ND Client Assistance Program: 800-472-2670
- ND Vocational Rehabilitation: 800-755-2745
- Turtle Mountain Vocational Rehabilitation: 701-477-5998

DOMESTIC VIOLENCE
- Hearts of Hope: 701-477-0002
- National Domestic Violence Hotline: 800-799-SAFE(7233)

EMERGENCY SHELTER/SHELTER ASSISTANCE
- Men's Winter Refuge (Minot, Nov-Mar): 701-822-2585
- Minot Area Homeless Coalition: 701-852-6300
- Northland's Rescue Mission (Grand Forks): 701-722-6600
- YWCA Women's Shelter (Minot): 701-838-1812

EMPLOYMENT
- ND Job Service: 701-328-2825
- Quintin Burdick Job Corp: 800-733-JOBS
- Tribal Employment & Training: 701-477-9393
- Workforce Investment Act: 701-477-6011

FOOD PANTRIES
- Commodity Warehouse: 701-477-3857
- Dakota Prairie Community Action: 701-662-6500
- Turtle Mountain Food Pantry: 701-477-0036

HEALTH & WELLNESS SERVICES
- Behavioral Health Clinic (IHS): 701-477-8458
- Community Health Representative: 701-477-5696
- Rolette County Public Health: 701-477-5646
- Seven Stone Center for Behavioral Health: 701-477-0455
- Tribal Health Education: 701-477-6120
- Turtle Mountain Diabetes Program: 701-477-0060

HOUSING
- HUD VASH: 701-200-5824
- Money Follows the Person Housing (MFP): 800-233-1737
- Home Improvement Program: 701-477-2668
- Turtle Mountain Housing Authority: 701-477-5673
- Dunseith Housing Authority: 701-244-5251
- Rolette County Housing Authority: 701-246-3421
- USDA Rural Development: 701-530-2037

LEGAL ASSISTANCE
- Legal Services (Under 60 years old): 800-634-5263
- Legal Services (60+ years): 866-621-9886

MEDICAL/DENTAL SERVICES
- Dunseith Clinic: 701-244-5698
- Northland Community Clinic: 701-246-3391
- Rolette-Medical: 701-477-3111

MEDICAL ASSISTANCE
- Rolette County Medicaid: 701-477-3141
- Turtle Mountain Medical Assistance: 701-477-2600

RENT/UTILITY ASSISTANCE
- Low Income Home Energy Program: 701-477-2668
- USDA Rural Development: 701-530-2037